

Soul Strength!

"It is God who arms me with strength, and makes my way perfect."

These are David's words from Psalm 18:32. The strength that you need in this life to overcome does not come from yourself, it comes from our Lord. It comes from the outside in. We must open our hearts to Him, remove the bad and allow the "good" to come in. His strength and His power will be released! But if you **choose** not to believe Him, you would never open your heart to Him to receive in the first place. This may seem like an oversimplification to you, but it is the truth.

You may not be able to control nor prevent what may come to you, but you are responsible for what you do with what comes to you! With God, all things are possible. That means that you can change the circumstances around you by the power of God and the Word of God! In Psalm 18, David describes some of the things that occur in the life of one who is walking in God's strength. He will set you on the "high places" (v.33). He will teach you how to fight the enemy (v.34). His salvation will become your shield. His right hand will hold you up! His ability will make you great (v.35). He will make the path you are walking on so wide that your foot will not slip! (v.36)

So, today, God has reserved some "high places" for you! His hand is waiting to hold you up! He longs to make your footsteps sure and solid! This is not done through your perfection but by His strength. God is able to give you the strength to make your way perfect. He has blessing for you! Psalm 18:30 declares,

*"As for God, His way is perfect. The Word of the Lord is proven;
He is a shield to all who trust in Him".*

If you're trusting in Him today, why don't you just continue to believe in what He has said about you? He will arm you with strength! Take back control of your life and your future. As you place healthy limits over your heart and soul the strength of God will begin to work. Your soul was designed by God to function a certain way. He expects **you** to manage it. It is your responsibility, not God's! The things that comprise our soul are not designed to rule you. No, you are to **manage** them! Once you understand this, your life will begin to change. The strength you need is available today for you. As we dare to believe God and take back control of our lives you will begin to walk in freedom. Don't worry about tomorrow, focus on keeping your soul healthy and strong today.

- Randy Bach
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